

A Part of Your Treatment You *Can* Control.

FREE Classes on Nutrition and Cancer

Join us one Tuesday evening each month

January	26th	Weight Management Strategies: Overweight and Cancer Risk
February	23rd	Does Sugar Feed the Tumor? Stabilizing Blood Sugar and Insulin Levels with Nutrition
March	23rd	Heart Healthy Eating
April	27th	Fatigue Management: Nutritional Strategies to Maintain Energy Level
May	25th	Vitamin Therapy in Cancer
June	22nd	Herbal Therapy in Cancer
July	27th	Managing Menopause with Nutrition and Lifestyle
August	24th	Detoxification and Diet
September	28th	Eating Well: Fighting Cancer with a Fork
October	26th	Diet and Breast Health: Issues in Breast Cancer
November	16th	Winning the Cold and Flu Wars: Nutrition Support for Immune Function



Where: Rocky Mountain Lions Eye Institute, Room 3007
1675 Aurora Court, Aurora, CO 80045

When: 6 pm – 7:30 pm Tuesday evenings

Who: All classes are taught by Colleen Gill, MS, RD
Specialist in nutrition for cancer patients

Information: Cancer Resource Center
2nd Floor, Anschutz Cancer Pavilion
720-848-0316
www.uch.edu

L I V E S T R O N G

SURVIVORSHIP CENTER
OF EXCELLENCE NETWORK



University of Colorado Hospital

UNIVERSITY OF COLORADO CANCER CENTER

ANSCHUTZ MEDICAL CAMPUS